



June 9<sup>th</sup>, 2024 • 1 Corinthians 9:24-27  
Page 816 in the church Bibles • The Fruit of the Spirit  
Message #7 "Self-control" • Galatians 5:22-23  
by Pastor Marcus Johnson



Audio versions of Sermons and detailed sermon notes are available on our website: [LakeRegionBibleChurch.org](http://LakeRegionBibleChurch.org) (see "Messages 2024" tab)

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## **Running the Race – with Self-control & for an Imperishable Prize**

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law. (Gal 5:22-23 ESV)

### **1. Heed Paul's athletic metaphor (vs24-25)**

- Athletes exercise self-control – & the victor receives a perishable prize
  
  
  
  
  
  
  
  
  
  
- Run the race of faith with athlete-like devotion & self-control – to receive an imperishable prize

### **2. Follow Paul's apostolic example (vs26-27)**

- knowing Christ & Him crucified – and serving in the Spirit's power (2:1-5)
  
  
  
  
  
  
  
  
  
  
- rebuking idolatry – & embracing gospel-centered devotion (1Co 8 – 10)
  
  
  
  
  
  
  
  
  
  
- being disciplined & self-controlled – to not be disqualified (9:26-27)